

### Norfolk Cricket Board Talent Framework Principles



SAFE & RELAXED ENVIRONMENT

MULTI-DISCIPLINARY CHALLENGING



CLEAR
COMMUNICATION
WITH COMMON
LANGUAGE

**ENERGISE** 

**INDIVIDUALISED** 



### **Batting Outcomes**

- Solid foundations of balance, alignment and rhythm
- To be able to play the moving ball
- To possess boundary options at any given time
- To be able to pick length and move decisively
- To trust confidence in defence
- Rotation of spin
- Defend, evade and attack the high paced short delivery
- To know and understand your game plan





### **Pace Bowling Outcomes**

- Solid foundations of balance, alignment and rhythm
- Consistency of line and length
- To be able to move the ball laterally with swing or seam
- Possess the ability to create more bounce than expected
- To execute a yorker and slower ball
- Develop options for variations
- To possess a wicket taking mindset
- To be able to adapt to different surfaces and conditions





### **Spin Bowling Outcomes**

- Solid foundations of balance, alignment and rhythm
- Consistency of line and length
- To possess an upright repeatable action throughout delivery
- To be able to beat the batsmen in the air and off the pitch
- To create more bounce than the batsmen expects
- To spin the ball as hard as possible
- To possess a wicket taking mindset
- To be able to adapt to different surfaces and conditions
- To excel in the field off their own bowling
- Develop options for variations





### **Fielding Outcomes**

- Solid foundations of balance alignment and rhythm
- Physically robust and athletic
- Intent to attack the ball
- Ability to dive in all directions with confidence
- Consistently able to catch the ball with confidence
- To be able to take the half chance
- Power and accuracy with all throws
- Defend their space in the inner and outer circles
- Ability to read the game and adjust as required





### Wicket-keeping Outcomes

- Ability to bat in the top 7 in any given side they are selected for
- Ability to field in any position if required
- Possess a strong throwing arm
- Present a large catching area at all times
- Possess a strong posture to enable lateral movement
- Possess effective method for leg side takes
- Possess tactical knowledge on when to stand up to seam and assist the captain/bowler with field placings and angles during match play.

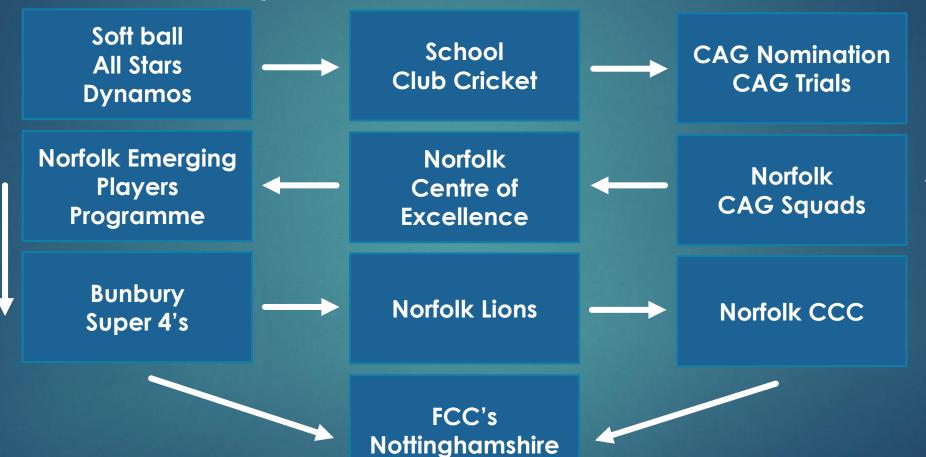




# Norfolk Cricket Board Talent Framework Boys Pathway

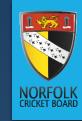


#### Norfolk Pathway





# Norfolk Cricket Board Talent Framework Girls Pathway



### Norfolk Pathway

Soft ball All Stars Dynamos

NCB / Sunrisers Emerging Players Programme

> Sunrisers Academy

School Club Cricket

Norfolk
Centre of
Excellence

NORFOLK
CRICKET BOARD
SUNRISERS
WORKING IN PARTNERSHIP

Sunrisers London Spirit CAG Nomination CAG Trials

Norfolk CAG Squads

**Norfolk Ladies** 

