



Norfolk Pathway

VISION

- **OUR VISION IS TO CREATE AN INCLUSIVE AND SUPPORTIVE ENVIRONMENT WHERE PLAYERS FEEL SAFE AND VALUED. WE FOSTER A LONG-LASTING LOVE FOR THE GAME BY NURTURING EACH PLAYER'S PASSION AND POTENTIAL. THE NORFOLK PERFORMANCE PATHWAY WILL PROVIDE A SOLID FOUNDATION FOR CRICKETERS TO ADVANCE INTO ACADEMIES AND FIRST-CLASS COUNTIES.**

PURPOSE

- **OUR PURPOSE IS TO CULTIVATE THE HOLISTIC DEVELOPMENT OF YOUNG ATHLETES, NOT ONLY ENHANCING THEIR TECHNICAL SKILLS BUT ALSO BUILDING THEIR MENTAL AND PHYSICAL RESILIENCE. WE ARE DEDICATED TO EMPOWERING PLAYERS TO ACHIEVE THEIR PERSONAL BEST, BOTH ON AND OFF THE FIELD, AND TO CREATING OPPORTUNITIES FOR THEM TO SUCCEED AT THE NEXT LEVEL OF THEIR CRICKET CAREERS. MOST IMPORTANTLY, WE STRIVE TO INSTILL A LIFELONG LOVE FOR THE GAME.**

OUR CORE VALUES

- **ACCOUNTABILITY**
- **COMMUNICATION**
- **HARDWORKING**
- **ADAPTABILITY**
- **RESPECTFUL**
- **SAFE**
- **PLAYER CENTRED**
- **RESILIENCE**

SELECTION CRITERIA

COACHES' OBSERVATIONS

COACHES JUDGMENT PLAYS A KEY ROLE IN IDENTIFYING AND SELECTING TALENT. USING THEIR EXPERIENCE AND INSIGHT, COACHES ASSESS A PLAYER'S POTENTIAL BASED ON THE PATHWAY FRAMEWORK. PATHWAY COACHES WORK TOGETHER WITH PATHWAY LEAD TO EVALUATE CORE SKILLS, TACTICAL AWARENESS, GAME UNDERSTANDING, AND STRATEGIC THINKING, ENSURING SELECTIONS ARE BASED ON QUALITIES NEEDED FOR COUNTY CRICKET

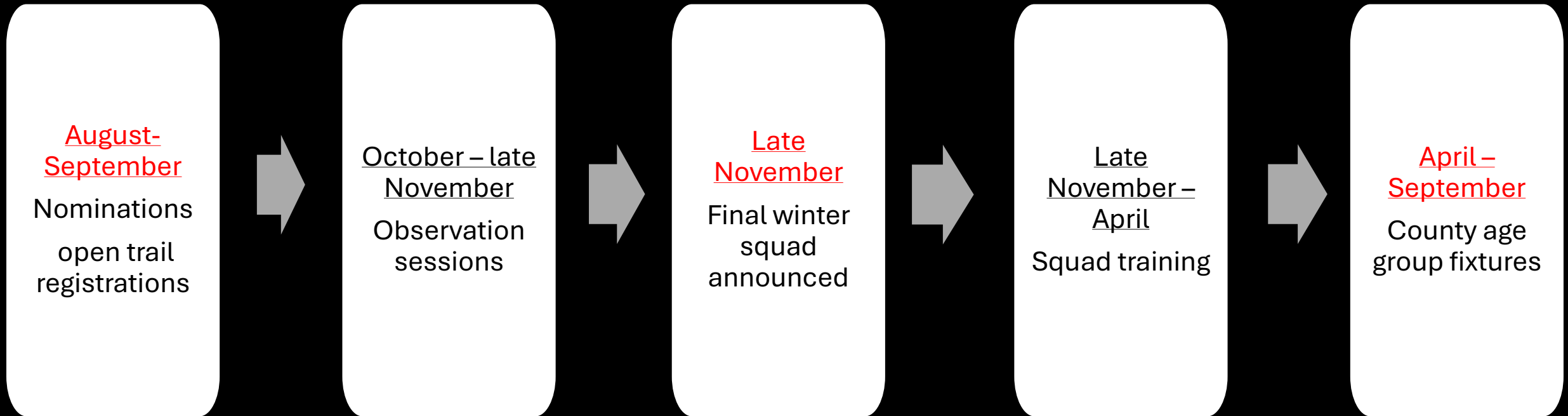
Player Potential

Selecting players based on potential is key because it focuses on long-term development rather than short-term performance. Young players grow at different rates, and early statistics don't reliably predict future success. By identifying those with strong, transferable skills and the capacity to improve, we can better support their journey to play at the highest level of the game.

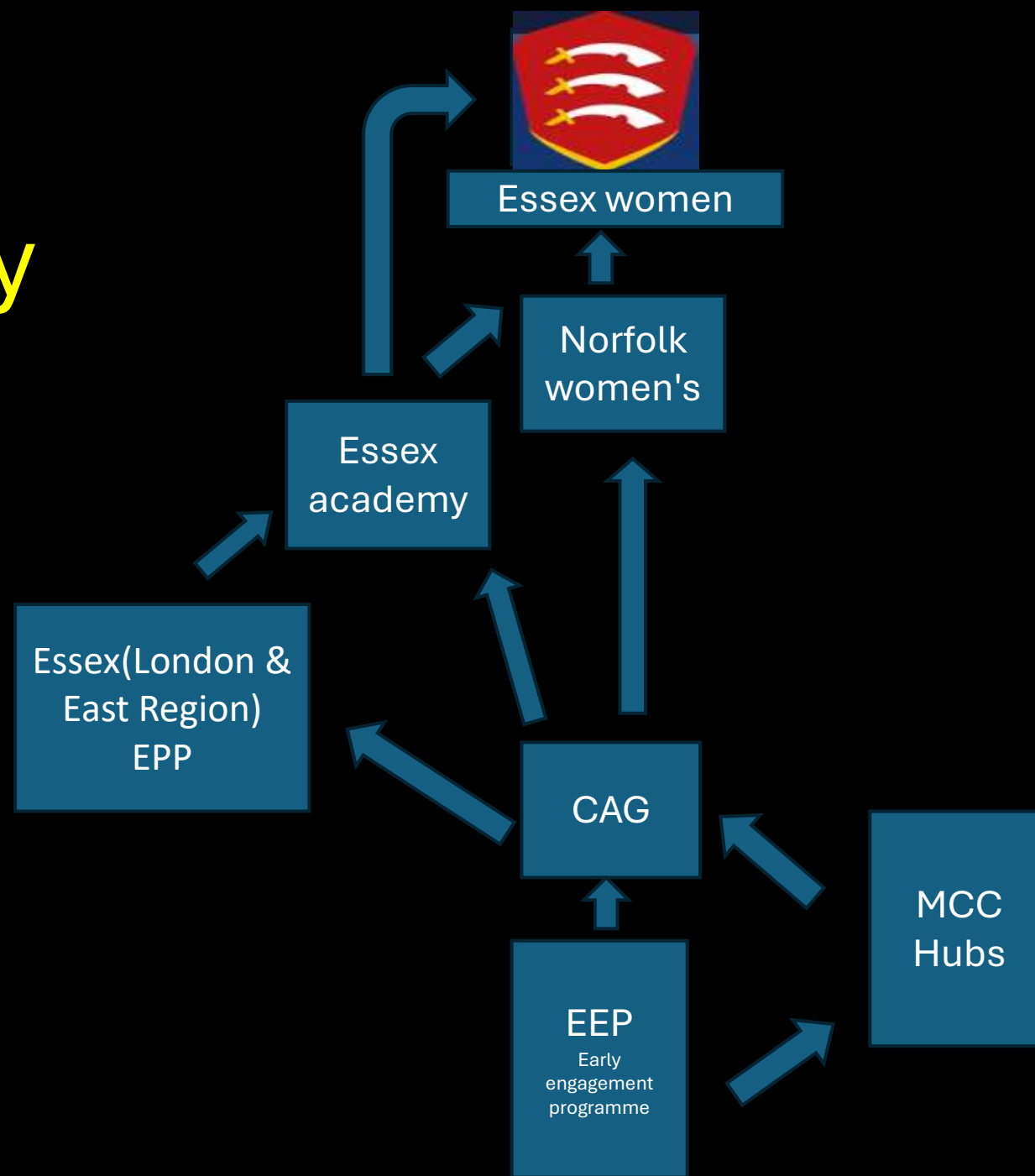
Other selection criteria

- Cricketing background
- Adaptability
- Openness to learn

CAG Timeline



Girl's Pathway



EEP

Outstanding experience through cricket that starts to develop fundamental cricket skills

Under
13

Foster a love for the game and ensure everyone gets involved. Results are not a priority.

Under
14s &
16s

Students of the game, results are not a priority. Create an environment where players can express themselves .

Under
18s

Game awareness/ Develop an understanding of the game. While our flagship teams strives for success, our priority is always the development of players, ensuring their growth takes precedence over winning.

Under 13

Bowl with a safe and repeatable action

Rhythmical run up

Grip for swing or seam

Under 14– 16

alignment at the crease

Establish a strong safe and repeatable action

Consistency in line and length

Everything working towards your target

Explore variations

Explore bowling over and around the wicket

Setting your own field

Seam Bowling

Alignment

Safe action

Repeatable outcome

Physical / Mental

Always look to take wickets

Competitive and up for a

Bounce back ability

Know workload management

Under 18

Develop plans to build pressure and take wickets

Understand batter's strengths and weaknesses

Reading the conditions and what variations , line and length will work

Able to use the crease to create variations

Consistency in line and length

Develop a strong safe and repeatable action

Under 13

Aligned towards the target at the crease

Able to bowl the ball with energy and impart spin on the ball

Grip

Under 14 – 16

Aligned towards the target at the crease

Understand how to bowl the ball with energy and impart spin on the ball

Consistency in line and length

Explore variations

Establish your action

Everything working towards your target

Explore bowling over and around the wicket

Setting your own field

Spin Bowling

Safe action

Repeatable outcomes

Alignment

Physical / Mental

Always look to take wickets

Ability to bowl long spells

Bounce back ability

Ability to have the same energy in action in 2nd, 3rd and 4th spells

Under 18

Bowling to a field

Understand batter's strengths and weaknesses

Reading the conditions and what variations, line and length will work

Able to use the crease to create variations

Developing plans to build pressure and take wickets on different surfaces and conditions

Under 13

Balanced and aligned setup
Present full face at contact
Establish Identifying length
Can run effectively between the wickets
Being able to transfer weight forward and back
Rhythm to the bat swing

Under 14 – 16

Developing a game plan
Develop Identifying length
Bat with the intent to score
Scoring options of front and back foot
Exploring scoring on both sides of the wicket
Explore rotating the strike against spin or pace
Ability to attack and defend

Batting Fundamentals

Balance
Alignment
Rhythm

Physical/Mental

Able to bat for long periods
To make clear decisions when fatigued
Bounce back mentally
Ability to absorb pressure
Problem solve –how to be effective in various conditions
Bat with the intent to score

Under 18

Structuring an innings
Clear understanding of their game
Develop the ability to Score on both sides of the wicket
Adapt to different situations , roles and deal with variations in pace, spin and angles
Have one boundary option against spin and pace
Soft ones

Under 13

Catch the ball in strong balanced positions
Able to throw safely and effectively
Throwing and catching techniques
Understand fielding positions

Under 14 – 16

Develop an attacking mindset
Head and hands working together
First step movement/timing of movement
Consistency in throwing accuracy
Diving/ sliding technique
Learning to field in different positions
Understand fielding positions

Fielding

Timing of movement

Approach

Base

Head

Hands

Physical / mental

Want the ball to come to you
Keep energy throughout innings
Ability to make clear decisions when fatigued

Under 18

Catching on the boundary line (technique)
Throw with precision and power from various distances and angles.
Turn half chances into dismissals
Anticipation cut angles.
Defend space effectively within both the inner and outer field rings
Apply pressure hunting as pack

Under 13

Safe catching methods
Maintain a still head
be brave standing up

Under 14-16

Balance
Awareness of head, hands and foot movement
Consistently being able to catch
Develop the understanding when to stand up and the technique

WICKET KEEPING

Hands
Head
Posture
Feet

Physical / Mental

Bounce back ability
Ability to make clear decisions when fatigued
Keep energy throughout innings
Tactical awareness of field placement

Under 18

Being able to stand up against seamers
Understanding the angles of fielders depending on the conditions and batter's technique
Looking at diving technique
Been able to keep profiectly on a spinning surface

SAFEGUARDING

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